

Sparkassen Gala 2025

Erster Zeitplanentwurf vom 25. April 2025

Samstag 14. Juni 2025

Zeit	Männer	mU20	mU18	Frauen	wU20	wU18
12.30						100m H ZVL
12.40				100m H ZVL	100m H ZVL	
12.55			110m H ZVL			
13.05		110m H ZVL				
13.15	110m H ZVL					
13.30	Sparkassengala Begrüßung					
13.50				4x100m ZL	4x100m ZL	
14.05	4x100m ZL	4x100m ZL				
14.30	110m H EL					
14.40		110m H EL				
15.00				100m H EL		
15.15					100m H EL	
15.30					100m ZVL (DLV)	
15.40				100m ZVL Elite		
16.00		100m ZVL (DLV)		Weit VE		
16.10	100m ZVL Elite					
16.30				400m H ZL	400m H ZL	
16.50	400m H ZL	400m H ZL				
17.15				100m EL		
17.25					100m EL	
17.35	100m EL					
17.45		100m EL				
18.00	Weit VE			400m ZL -Top18		
18.20		400m Top12				
18.40	400m Elite					
19.00	3.000m A-Lauf (Norm >9:00min)					
19.15				3.000m A-Lauf (Norm >10:00min)		
19.30	AK-übergreifend 800m ZL + mU16					
20.00	AK-übergreifend 800m ZL + wU16					
20.25	3.000m B-Lauf mixed alle AK					

Sonntag 15. Juni 2025

Zeit	Männer	mU20/18	mU16	Frauen	wU20/18	wU16
12.30					100m ZL	
13.00	100m ZL					
13.45		Weit VE		4x400m ZL		
14.05	4x400m ZL					
14.25				Hoch		
14.25				200m ZL		
15.00	200m ZL				Weit VE	
15.30				400m ZL		
16.00	400m ZL					
16.40	1500m ZL					
17.00				1500m ZL		

VL=Vorlauf, EL=Endlauf, ZL=Zeitläufe, ZVL=Zeitvorläufe, VE= Vor- und Endkampf